



Status of Sports Coaching and Availability of Sports Facilities and Equipment in Secondary Schools in Delta State

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Abstract

This study investigated the status of sports coaching and the availability of sports facilities and equipment in high schools in Delta. It was about human resources development, the position of sports educators, the equipment and equipment problems of secondary schools in the country. It was a management report that included a descriptive survey investigating variables after the fact. The researchers have enenerated three research questions that guide the study. The subjects were all physical education and health teachers at Delta's state public secondary school. 177 PE teachers from 359 Delta Public Secondary Schools were selected by simple random sampling. The data collected was collated and analyzed using descriptive statistics. Surveys show that sports coaching in Delta is poor, especially in high schools in Delta, where quality facilities and equipment are lacking. Therefore, above all, it is recommended that governments, PTAs, and elderly boys / girls should endeavor to provide secondary schools with high quality sports facilities and equipment to increase the productivity of education / learning and coaching. rice field. Improvement. Given the dynamic nature of the sports world, we conclude that the development of sustainable human capital has the potential to foster a vibrant foundation of sport excellence through coaching. It was attached.

Keywords – Sports, Coaching, Secondary Education, Development Strategy, Facilities, Equipment

Introduction

Sports has become the world's largest industry, with varying degrees of permeation into people's lives as a shared experience today. Sports, including play, exercise, competition, recreation and entertainment, have become part of the language of people who can effectively use them at enormous socio-economic risks.

According to Steinberg (2018), Dictionary.com defines sport as any athletic activity that requires skill or physical fitness. Sport is also considered an activity involving physical activity and skill in which an individual or team competes with others for entertainment. Sport is defined as staging of physical activity for competitive purposes and follows established rules and regulations (Jeroh, 2008). Sport is all forms of physical activity, usually competitive, and uses, maintains, or improves physical abilities and skills while providing entertainment to participants and, in some cases, spectators through casual or organized participation. The purpose is to make it (ScienceDaily,2021).

The sport was first officially introduced in Greece and the first Olympic Games were held in 776 BC. Recorded in Olympia, it was celebrated until 393 AD. These games are held every four years, and the Olympiad has become a unit of time in historic chronology (Television Network, 2020). The status of sports coaching in high school in Delta cannot be exaggerated. Sports include activities

that formally document history and tradition, or are part of a formally organized association aimed at achieving intangible goals by defeating opposing groups. (Jeroh, 2008). Sport is further described as a dynamic social force in our culture and as both outdoor and indoor activities for entertainment and exercise (Smith, 2019). The importance of sports in today's society is so great that it brings a lot to the participants in addition to their physical fitness. It is useful for socializing and recreation and is a livelihood for some people. To improve an athlete's performance, the athlete must be mentored by a specialist in the field, followed by a coach. One way for coaches to attract talented athletes at this latitude is to participate in in-house athletics competitions and host competitive sports competitions. Another option is to have access to athletic facilities and equipment. Sports facilities are venues, arenas, playgrounds, indoor sports halls where sports are held, and sports equipment, also known as sports equipment, are the tools, materials, clothing, and equipment used in athletics, depending on the sport. increase. The equipment ranges from balls, nets, and protective gears like helmets (Gonzalez, 2021; Harvard Medical School, 2013) A physical educator who is well grounded in relevant sports skills and who has participated in competitive sports will serve as a better coach in secondary schools. Amateur coaches from sports

councils / commissions will serve as competent hands in assisting physical educators to train talented athletes to a higher performance level, since they are only involved in training through physical conditioning process and this will unarguably go a long way in sports development in delta state.

Coaching is the art of teaching, training, instructing and guiding an athlete (or athletes) verbally, visually and manually by a trained specialist, and is not only about helping athletes to learn sports skills, improve performance and reach their potentials, but also about recognizing, understanding and providing for other needs of the athletes or initiating and supervising their provisions. Such needs, which have already been identified by implications, include social needs, emotional needs, physical needs, physiological needs, nutritional needs, medical needs, pharmacological needs and moral – ethical needs McPherson, Curtis and Loy, (1989) as cited by Okon (2017). Coaching is a specialized area of teaching that usually involves the formal Instruction of organization Sport team members requiring qualifies assistance in order to perform skillfully for personal purposes (Elvis, 2016) Teaching and coaching occur in physical education and Sport class or settings of many types-schools, colleges, universities etc.

Coaching is a form of development in which an experience person, called a coach, supports a learner or clients in achieving a specific personal or professional goal by providing training and guidance (Jonathan, 2016).

A coach is a personnel that has acquired relevant training in any sports whose role is to influence participants assist them in achieving the desire educational goals, and he is also a trained person, who has a basic knowledge in most of the following academic areas: anatomy and physiology, exercise physiology, kinesiology, biomechanics, and human psychology, as well as psychology of learning; through technical knowledge, teaching, coaching skills, fundamental offenses and defense strategies of specific sports (Moronkola, 2006). The qualification needed in secondary schools as teachers/coaches are Nigeria certificate of education (NCE) and a University degree in human kinetics and sports science. We may assume that most teachers and coaches are motivated by intrinsic desire to assist others in learning, performing sports, exercise and to help make these experiences pleasurable and fulfilling.

Statement of The problem

As a comparison, research and performance indicators show a dramatic decline in high school athletic performance in the Delta state between the 1980s, 1990s, and 2000s. The athletic performance of Delta Secondary School in the 1980s and 1990s is much better than in 2000 to date. This subsequently raised great concerns between grassroots sports developers and practitioners. That is because it causes a serious decline in sports development in Delta, the country's major sports state. Another

serious problem with this development is the replacement of retired athletes, retired athletes, and burnout athletes. This is difficult to achieve without proper procurement and training of talented athletes through effective and efficient coaching in secondary school.

Purpose of the Study

The purpose of this paper is to examine the situation of sports coaching in high school in Delta and strategies for its development. The specific objectives were to find a place for sports instruction in junior high school, whether the person responsible for sports instruction in junior high school was effective, a strategy for sports development in junior high school, and factors against sports instruction. In secondary school,

Research Questions

The following Survey Questions were created for the survey to identify factors that violate the high school sports development strategy.

1. What is the Delta High School Teaching Perspective?
2. What is the status of coaching in high school in Delta?
- 3 What is the status of high school athletic facilities and equipment in Delta?

Research Methodology

Research Design: A descriptive survey design was selected in which the variables were retrospectively surveyed. This type of design describes what is present and systematically describes the facts of the true quality of a particular population.

Population of the Study:

The survey subjects consisted of 177 PE teachers from 359 State Public Secondary Schools (Delta Guide, 2006) in Delta, in the three counties of the states used in the survey.

Sampling and Sampling Techniques:

The survey sample included all 177 high school PE teachers in Delta. Probability sampling has been adopted for the study.

Research Instrument:

The structured questionnaire was the tool used to collect the data. The questionnaire was validated by submitting the original draft to three PE and health education teachers in the Squid South Municipal Zone in Delta. Their criticisms, corrections, and changes were incorporated into the final draft of the equipment used to collect

the data, using a four-point Likert scale questionnaire.

Data collection:

The device was administered to respondents by researchers and assisted by three research assistants. Questionnaire was taken after filling out.

Data analysis:

Descriptive statistics were used as an analysis of the study's data collection.

TABLE 1
Research Question 1: What is the Coaching perspective in secondary schools in Delta state?

	ITEMS	SA	%	A	%	SD	%	D	%	TOTAL
1	Teaching and coaching are the same.	-	-	40	22.6	57	32.2	80	45.2	177
2	Coaching is an aspect of teaching.	16	9	151	85.3	-	-	10	5.7	177
3	Coaching is a profession.	100	56.4	72	40.6	-	-	5	3	177
4	Practical class is an aspect of Coaching.	43	24.3	126	71.2	5	2.8	3	1.7	177
5	Sport coach needs regular seminar/workshop/conference.	90	51	70	39.5	9	5	8	4.5	177

Table 1 shows that 22.6% of respondents agreed with the statement and the other 77.4% did not agree that education and coaching were the same. Is shown. 94.4% of respondents agreed that coaching was an educational aspect, and the other 5.6% did not agree that coaching was an educational aspect. 97% of respondents agreed that coaching was a profession, and the other 3% did not agree that coaching was a profession. 95.5% of respondents agreed that hands-on training was an aspect of coaching, while 4.5% of other respondents did not. 90.5% of respondents agreed that trainers needed regular seminars / workshops / meetings, while the other 9.5% did not.

There is clear evidence that coaching perspectives are high at Delta State High School.

TABLE 2
Research Question 2: What is the status of coaching in secondary schools in Delta state?

	ITEMS	SA	%	A	%	SD	%	D	%	TOTAL
6	We have sports teachers and not coaches in our schools.	120	67.8	50	28.2	1	0.6	6	3.4	177
7	Sports teachers can be	40	22.6	130	73.4	4	2.3	3	1.7	177

	converted as sport coaches.									
8	The state government is making efforts to converts.	1	0.6	3	1.7	80	45.2	93	52.5	177
9	Government is paying allowances for sports coaches in schools.	4	2.3	5	2.8	98	55.4	70	39.5	177
10	Sport coaches can rise to the highest rank in civil service.	20	11.3	92	52	60	33.9	5	2.8	177

The results in Table 2 show that 96% of respondents agree that our school has PE teachers and no coaches. , 4% show that they agree with other opinions. that is . 96% of respondents agreed that PE teachers could be converted to PE coaches, and the other 4% disagreed. 2.3% of respondents agreed that the government was trying to turn PE teachers into coaches, while the other 97.7% disagreed. 94.9% of respondents did not agree that the state would pay the school's athletic trainer an allowance, while 5.1% of the other respondents agreed. 63.3% of respondents agreed that athletic trainers could be promoted to the highest ranks of civil servants. The other 7% did not agree.

While it is clear that sports coaching status is high, few respondents believed that the government was not paying bonuses to state PE teachers.

TABLE 3

Research question 3: What is the status of sports facilities and equipment in secondary schools in Delta State?

	ITEM	SA	%	A	%	SD	%	D	%	TOTAL
11	Government is contributing positively towards the employment of Sports coaches in schools.	2	1.1	4	2.3	88	49.7	83	46.9	177
12	There is enough recreational facilities in my school.	4	2.3	15	8.5	76	42.9	82	46.3	177
13	The P.T.A. is contributing positively towards provision of Sport equipment in my school.	18	10.2	48	27.1	61	34.5	50	28.2	177
14	The old Boys/Girls of my school are contributing towards Sport development in my school.	10	5.6	50	28.2	33	18.6	84	47.6	177
15.	The state government is actively involved in provision of Sport equipment in my school.	9	5	52	29.4	72	40.7	44	24.9	177

Table 3 above shows that 3.4% of respondents agreed that the government was actively contributing to the hiring of PE coaches in schools, while the other 96.6% opposed it. It is showing, 10.85% of respondents agreed that the school had sufficient recreational facilities, and 89.2% of the other respondents did not. 37.3% of respondents agreed that the school's PTA was an active contributor to the provision of exercise equipment at my school, while the other 63% did not. 33.8% of respondents agreed that school old / girls contributed to the development of athletic performance, and the other 66.2% did not. 34.4% of respondents agreed that the state government was actively involved in providing sports equipment at schools. 6% disagree. This indicates that high school athletic facilities and equipment in Delta are in very poor condition.

Discussion of Findings

The study showed that the perspective of coaching in high school in Delta is seen as an aspect of professional education and coaching. Practical training is an aspect of coaching and sports coaches require regular seminars / workshops / meetings. We really need a very talented and witty sports manager to invest and nurture a dynamic foundation for excellence in sports through the development of human capital. Many coaches can be unproductive, outdated, and lack modern and innovative coaching skills if they are not sufficiently encouraged to improve through training and retraining programs. Maxwell (2016) argues that coaches suffer from government encouragement in many ways. According to a survey, the coaching status of Delta State Secondary School is justice in the state, so the school has a PE teacher, not a coach, and it is not possible to convert a PE teacher to a PE coach.

Physical education teachers are not trying to become coaches. Similarly, the government does not pay bonuses to school sports coaches, who are not promoted to the highest ranks of civil servants. In this situation, the coach is clearly unable to cope with the psychosocial impact of the athlete's psychosocial growth. This study is also from the Government, P.T.A. Revealed the status of athletic facilities and equipment at Delta Secondary School. Old boys / girls do nothing to improve school facilities and facilities. Survey shows that there are not enough recreational facilities available in Delta secondary schools, Steiberg (2018) contributed to this, with the lack of qualitative and quantitative PE facilities as the most competent PE teachers. We conclude that even people with severe sports disabilities are hindered. The bill is for a public school P.T.A and old boys / girls need to provide facilities that enable proper education and learning of physical education and health education as a subject for teachers and students (Okon, 2017).

Conclusion

The world of sports is moving. Therefore, the sustainable development of human capital has the positive potential to lay a living foundation for outstanding sporting outcomes. It is only relevant that you need to pay close attention to the situation of sports coaching in high school in Delta. This will definitely make PE teachers more honest and free to focus on performing their duties. Amateur coach services from properties and commissions should also be used to improve the status of our secondary

school coaches. Lack of sports facilities and equipment needs to be addressed by others to make them available in public secondary schools.

Recommendations:

This study made the following recommendations:

1. The Government should pursue a policy of sponsoring PE teachers or PE teachers to the Sports Coaching Institute for coaching courses.
2. The government needs to sponsor PE teachers through scholarship programs, both national and international training programs, as part of a sustainable investment in human capital development in sports.
3. Individual PE teachers / coaches are receptive and take advantage of secondary school staff development opportunities to achieve optimal performance that promotes productivity in their discipline. You need to improve your skills and abilities.
4. Government, P.T.A old boys/Girls should endeavor to provide sophisticated Sports facilities and equipments to secondary schools to enhance effective productivity.

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